

make healthier
cooking fun
again with your
electric spiralizer

You won't even miss the pasta or rice
once you've turned veggies and fruits
into fun and delicious noodles. These
pages are packed with healthier recipes
to satisfy any craving you might have.

Check them out and start noodling!

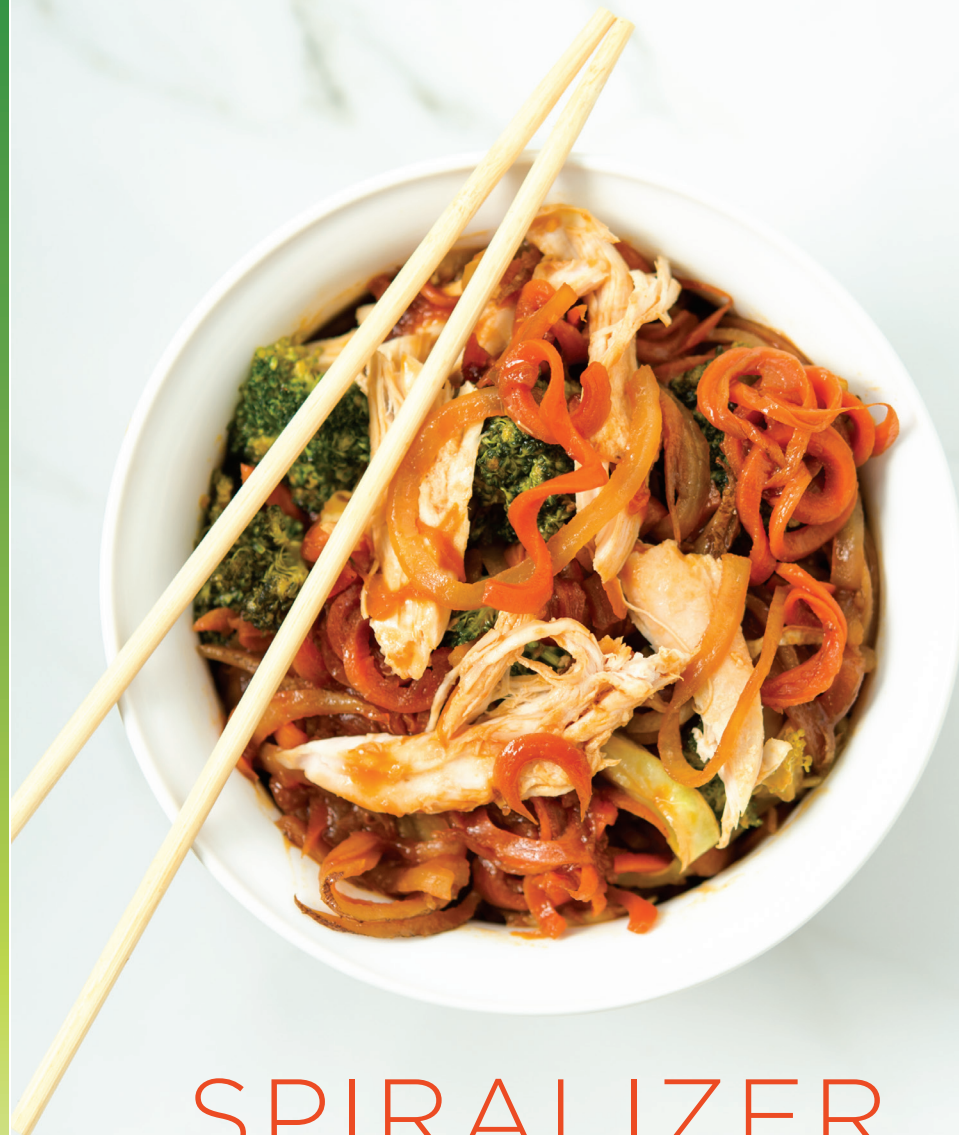
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BLACK+DECKER™

ELECTRIC SPIRALIZER recipe book



SPIRALIZER RECIPE BOOK

TRANSFORM VEGGIES, POTATOES AND MORE
INTO UNIQUE SPIRALIZED RECIPES

