



# Professional Electric Wok

Model EW70A

Owner's Manual &  
Recipe Guide

# MAXIM®

# IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed, including the following:

1. Read all instructions.
2. Do not touch hot surfaces. Use handles or knob.
3. To protect against electrical shock, do not immerse cord, plug or Temperature Control Probe in water or other liquid.
4. Close supervision is necessary when any appliance is used by or near children.
5. Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts and before cleaning the appliance.
6. Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
7. The use of accessory attachments not recommended by the manufacturer may cause injuries.
8. Do not use outdoors.
9. Do not let cord hang over edge of table or counter, or touch hot surfaces.
10. Do not place near a hot gas or electric burner, or in a heated oven.
11. Extreme caution must be used when moving a Wok containing hot oil or other hot liquids.
12. Prior to connecting or disconnecting plug from wall outlet, turn Temperature Control Knob to "OFF." Attach to the appliance first, then plug cord into wall outlet. To disconnect, remove plug from wall outlet first and then remove from the appliance.
13. Do not use appliance for other than intended household use.

**FOR HOUSEHOLD USE ONLY**  
**SAVE THESE INSTRUCTIONS**

## Polarized Plug

This appliance has a **polarized plug** (one blade is wider than the other). As a safety feature, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

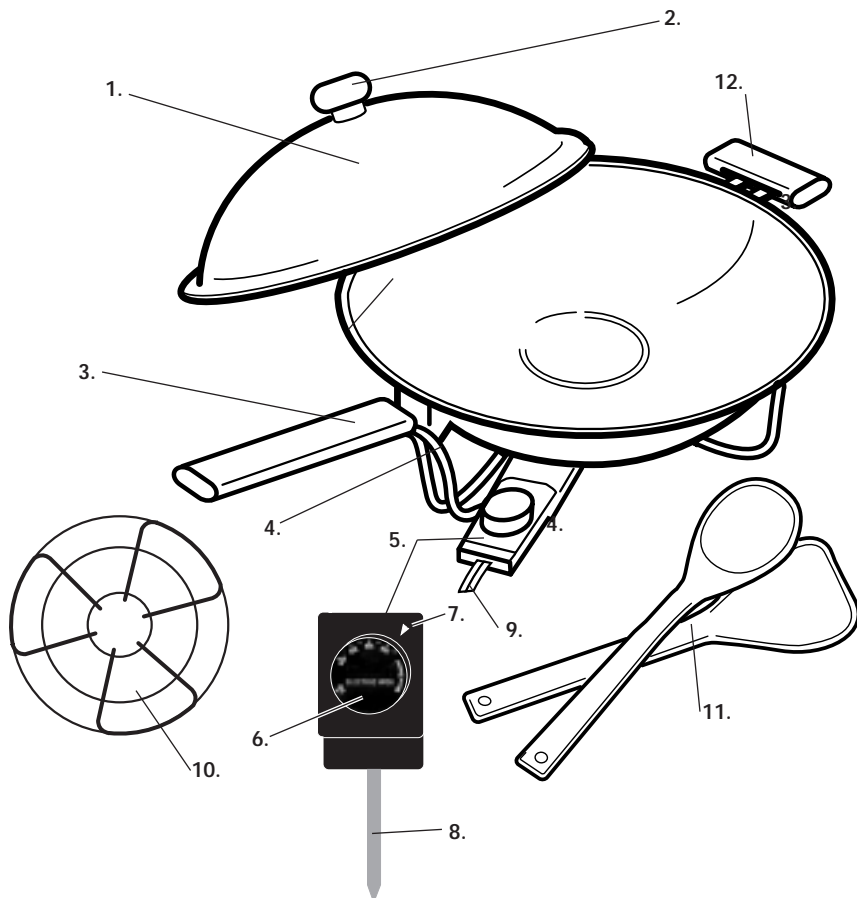
## Short Cord Instructions

A short power-supply cord is provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord.

Longer extension cords are available and may be used if care is exercised in their use.

If an extension cord is used, (1) the marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance, and (2) the longer cord should be arranged so that it will not drape over the counter top or table top where it can be pulled on by children or tripped over unintentionally.

# Getting to Know Your MAXIM® EW70A Professional Electric Wok



1. High Dome Cover P/N 1-1840

2. Wood Lid Knob P/N 1-1748

3. Long Wood Handle

4. Stay-Cool Metal Base  
P/N 1-1839

5. Temperature Control w/ Probe  
P/N 1-1759

6. Temperature Control Knob

7. Indicator Light

8. Temperature Control Probe

9. Power Cord

10. Steamer Rack P/N 1-1742

11. Wood Spoon / Spatula  
P/N 1-2009

12. Short Wood Handle  
P/N 1-1731

# Introduction

Congratulations on owning your MAXIM® Electric Wok.

Chinese cooking can be traced back 4,000 years, yet it continues to be in tune with today's American lifestyle. The marvels of modern technology incorporated in the Electric Wok will allow you to prepare a large variety of Asian recipes quickly and easily.

In the past, Chinese families cooked on small wood-burning stoves which produced a high intense flame that could be maintained for rapid continuous cooking. The MAXIM® Electric Wok provides the intense heat and a large cooking surface that traditional wok cooking demands.

The Wok's temperature is thermostatically controlled and adjustable from "WARM" to 400°F (200°C). Fast heat recovery, so necessary for good wok cooking is achieved with its 1600 watts of power. The interior surface is coated with a unique non stick coating that is "friendly to oil." It allows oil to form a patina on the surface, enabling the food to be properly cooked without sticking. The same coating is featured on the outside, too, making cleanup easy.

All the traditional oriental recipes are easily prepared in this Wok, but don't stop there. The MAXIM® Wok is so versatile that it can be used to prepare many favorite American and ethnic recipes. The Wok can be brought to the table for keeping food at serving temperature. Keep your MAXIM® Wok handy...it's a great addition to your kitchen.

## Before Using For The First Time

Your new MAXIM® Electric Wok is coated inside and out with a specially formulated non-stick coating that is "friendly to oil." This means that cooking oil spreads evenly over the interior surface of your Electric Wok for perfect stir frying. Other non-stick coatings cause oil to puddle which is undesirable for wok cooking.

The interior of your Electric Wok may stain over time. Please be aware that this does not affect the non-stick characteristic of the coating or the cooking performance of the product.

Remove the Temperature Control Probe and wipe down with a soft, damp cloth. Set aside. The Wok is completely immersible. Wash Wok, Cover and Accessories with warm, sudsy water and rinse. Dry thoroughly before inserting the Temperature Control Probe. No preconditioning of the cooking surface is required.

# Instructions For Use

1. The sturdy, stay-cool metal Base allows the Wok to be used for cooking on the kitchen counter and to be brought to the table for keeping food at serving temperature.
2. Organize and prepare all foods to be cooked.
3. Seasoning or conditioning the Wok surface before using is not required.
4. Set Knob on Temperature Control to "OFF." Insert Temperature Control Probe securely into Wok socket. Plug cord into 120 volt AC outlet. Always insert Temperature Control into Wok first, then insert plug into wall outlet.
5. If recipe calls for preheating, set Control Knob to desired temperature. When the Light on the Heat Control goes out, the selected temperature has been reached. During cooking, the Light will cycle on and off indicating that the Wok is maintaining the selected temperature.
6. When cooking and serving is completed, turn Temperature Control Knob to "OFF." Disconnect wall plug. Leave Temperature Control connected to Wok until cool.
7. **The Wok must be used with the Temperature Control provided. *Do not use any other probe control or connector.***

## Temperature Control

The Temperature Control Probe is the nerve center and brain of the Wok. Treat it carefully. Dropping or banging it could change its calibration and make the temperature settings inaccurate.

Select the temperature as called for in the recipe. Allow Wok to cool before removing Control from the Wok.

To clean the Temperature Control Probe, simply wipe down with a soft, damp cloth. Make sure you dry it thoroughly before using again.

***NOTE: The Temperature Control Probe is not immersible.***

## Cover

The aluminum High Dome Cover is loose fitting so steam can escape during simmering or steaming. ***For safety, the Cover should never be used while preheating or cooking with oil. (Water droplets on the inside of the Cover could fall into the oil, turn to steam, causing oil to splash.)***

The inside of the Cover may discolor and become steam stained. Remove steam stains by scouring with steel wool soap pad. After each use, wash Cover in hot sudsy water, rinse and dry thoroughly.

## Cooking Tools

The long wooden utensils designed specifically for the MAXIM® Wok are recommended. They will prevent scratching the surface. Do not use sharp-edged metal tools such as forks, knives, beaters, food choppers, etc., as they will scratch the surface.

Minor scratching of the non-stick surface will only affect the appearance of the Wok. It will not diminish the Wok's non-stick qualities nor affect food cooked in the Wok.

## Steamer Rack

1. Prepare foods to be steamed according to recipe.
2. Add 2 to 3 cups water to Wok. Water level should be about one inch below Rack.
3. Place Steamer Rack in Wok and place food on the Rack.
4. Set Temperature Control to 250°F (125°C) to keep water boiling. Cover with Wok Lid and steam according to the recipe. Add water as required.
5. Wash Steamer Rack in hot, sudsy water or in dishwasher.

# User Maintenance Instructions

## Cleaning

Disconnect plug from wall outlet and allow Wok to cool. Remove Temperature Control Probe and set aside. The Wok is completely immersible for cleaning. Wash the non-stick surface of the Wok, inside and out, thoroughly with hot, soapy water. Cooking oils that are not removed may become a rubbery, varnish-like substance that is difficult to remove. Do not use abrasive cleaners or abrasive pads.

## Storage

The opening between the small wood Handle and the Wok Body can be used to hang the Wok. Care should always be taken to prevent the Wok from being scratched.

## Methods of Asian Cooking

Before attempting any of the delicious recipes, take a few moments to understand the various methods that can be used in Asian cooking. Understanding the method will make preparing the recipe that much easier.



# Preconditioning *(Optional)*

Preconditioning is a step after food preparation and *before* actual cooking. It will help bring out the natural flavors. Blanching is a preconditioning that ***helps shorten the final cooking time***. Its an extra step that will enhance the final results. Some preconditioning methods are:

## Marinating

Food is soaked in a seasoned liquid mixture to gain extra flavor or to be tenderized.

## Oil Blanching

Oil blanching is a form of deep frying at a low temperature and for a short period of time. Oil blanching is used in *advance* of stir frying and braising. This method separates the food, helps delicate ingredients retain their natural shape, prevents discoloration of certain foods and forms a light crust to seal in flavor.

200°F (100°C)	Oil blanch delicate ingredients, such as sole and scallops.
275°F-300°F (135° - 150°C)	Most foods are oil blanched and cook evenly at this temperature.
375°F (190°C)	Produces a light crust on food.

Gently lower food into preheated oil. When food changes color, usually one to two minutes, remove and drain. The oil temperature is determined by the type of food used.

## Water Blanching

Partially cook vegetables in boiling water or chicken broth for about a minute. Tougher and fibrous vegetables, such as carrots and broccoli, may take a few minutes longer.

If preparing vegetables early in the day for later cooking, rinse vegetables under running cold water or plunge them into a bowl of cold water to stop the cooking action.

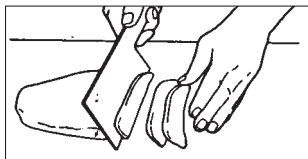
Preconditioning certain vegetables by water blanching will enable you to stir fry all the vegetables in the same amount of time with perfect results.

# Cutting Methods

The Chinese people cut all their food with an eye for appearance. A different shape is planned for each ingredient. Cutting food into small pieces will also speed the cooking time. Food should always be cut in bite-sized pieces because knives are never used while eating. A sharp knife or a Chinese cleaver makes slicing easier.

## Straight Slice

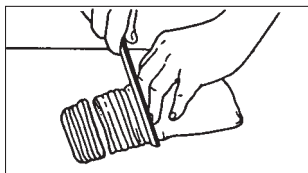
A straight slice is used for slicing meats and tender vegetables such as peppers and mushrooms. Knife enters food at right angles to the cutting board. Meat should be sliced against the grain and fish with the grain. Slices should be bite-sized or smaller.



Slicing

## Shredding

Shredding is cutting of meat and vegetables into 1/4 inch slices — stacking them up and slicing again.



Shredding

## Match Stick

Sliced food is cut into long thin strips about 2 inches wide and then chopped into match sticks.

## Diagonal Slice

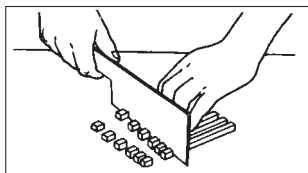
Diagonal slicing is used to reduce fibrous texture food, such as celery and flank steak. The knife enters food on a 45° angle, cutting the food on a slant to increase surface area for cooking.

## Chopping

Chopping can be finely or coarsely done. Foods, such as carrots, chicken and onion, are cut into 1/2 to 1 inch pieces.

## Dicing

Dicing is used for vegetables such as onions, green peppers and celery. First cut the vegetables into strips and then slice vertically through the strips.



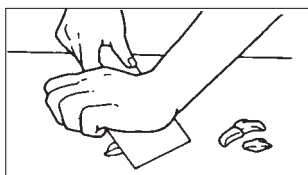
Dicing

## Mincing

Mincing is very fine dicing. The pieces should be about 1/16 inch square. Garlic and fresh ginger are common foods that are frequently minced.

## Smashing

This crushes garlic or ginger using the flat side of a cleaver. After being smashed, the clove can be minced.



Smashing

## Stir Frying

Stir frying is a rapid method of cooking food in a small amount of oil over high heat 375°F (190°C). The ingredients are stirred continuously.

It is important to preheat the Wok to the correct temperature before adding oil and food. The hot oil seals in the natural juices in meats and seafood preserving flavor and nutrients. Stir frying produces crisp-tender, brightly colored vegetables.

Using the wooden utensils, constantly stir, lift and toss one food at a time. As items are cooked, they may be stored up the sides of the Wok or placed in separate dishes prior to combining. Repeat this step until all food has been cooked. The preparation of ingredients and preconditioning should be done ahead of time because stir frying takes only minutes. Foods should be thinly sliced, shredded or diced into small uniform pieces, allowing them to cook quickly and evenly. *A dish prepared in this manner should be cooked just before serving.*

## Deep Frying

Deep frying is quickly cooking food completely submerged in hot oil. Oil for deep frying must be at the proper temperature. If the oil is not hot enough, the food will absorb the oil and become soggy and greasy. If the oil is too hot, the food will brown too quickly and will not be cooked inside.

Heat a maximum of 3 cups of oil in the Electric Wok with the Temperature Control set at 400°F (200°C).

When the Indicator Light on the Temperature Control goes out, continue to heat the oil an additional 4 minutes. This allows the oil temperature to stabilize. Add food and cook as required. To prevent hot oil from splashing, dry food thoroughly with paper towels. Gently lower food into hot oil using a long handled kitchen utensil such as a slotted spoon, strainer or tongs.

Deep fry only enough food to form a single layer to prevent overcrowding. Turn food in hot oil while cooking. Drain food briefly over Wok and place on paper towels.

***Never cover Wok when heating oil or deep frying food.***

## Re-Using Oil

Follow these simple directions to use the oil three or four times:

Allow oil to cool, then pour through a strainer lined with several thicknesses of cheese cloth or paper towels into a clean container. Cover and store oil in a cool place.

When ready to re-use, add a few slices of raw potato to the used oil during the heating period. This will remove most food odors in the oil. Discard potatoes after they have browned. A small amount of fresh oil can be added to the used oil, as required. If oil darkens or begins to smoke while heating, discard and use fresh oil.

## Steaming

Steaming is a common method of Asian cooking. Food is cooked in its own juices by steam over boiling water. Steaming is a healthy way to prepare food. The moist heat retains the food's nutrients, heightens the flavor, preserves the color and minimizes shrinkage.

A Steamer Rack is provided with your MAXIM® Wok. Place the Steamer Rack into the Wok. Add water to the Wok so that it is one inch below the Rack. Place the food to be steamed directly on the Rack, or place the food in a heat proof dish and then onto the Rack. Food must never be in the boiling water. Place Wok Cover onto Wok. Set Temperature Control Knob to 250°F (125°C) and cook according to recipe. Add hot water to maintain steaming.

***WARNING: This unit produces heat and escaping steam. Use extreme caution when removing or lifting the Lid while cooking.***

## Red Stewing

Red stewing or *hung tsau*, is the Chinese way of slow cooking. The meat is browned, then simmered from 1 to 4 hours using lots of soy sauce and other seasonings. This method of cooking will produce a tender piece of meat smothered in a rich, brown gravy.

## Braising/Simmering

Braised food is sautéed in a small amount of oil and then cooked in a liquid at a low simmering point until the liquid is reduced to a sauce. Braising meat, fish or firm vegetables produces tender, flavored and moist results.

Many different meats are prepared in this manner including many western dishes and Japanese *sukiyaki*.

Simmering, called for in many recipes, is cooking in liquid just below the boiling point where bubbles form at a slow rate. The temperature setting at which food will simmer in the Wok will vary according to the liquid being used and volume of food being prepared. The difference in altitude may also affect the simmer temperature.

***Here's how to find the simmer setting:*** Follow the recipe directions. Boil at 250°F (125°C). Then turn down the Temperature Control Knob until the Indicator Light just goes out. This is the simmer point. Cover and simmer food for the necessary length of time. During the cooking cycle, the Indicator Light will go on and off, indicating the Wok is maintaining the proper temperature for simmering.

# Suggestions for Easier Wok Cooking

1. Read recipe carefully and gather all necessary ingredients before beginning to cook. Advance preparation of food is very important in Asian cuisine.
2. Slice vegetables into small, uniform pieces or slices.
3. Place meat in freezer for about 1 hour before slicing to make slicing easier.
4. Peanut oil is an excellent choice for both stir frying and deep frying because it can be heated to a high temperature without smoking. Any good vegetable oil is suitable. Never use shortening, butter, margarine or olive oil.
5. Pour oil into Wok using a circular motion so that oil flows down sides. This coats the sides in preparation for stir frying.
6. Cook ingredients in sequence, those with longest cooking times added first. (See Blanching Section on page 8.)
7. Always mix cornstarch in a small amount of water before adding to Wok.
8. In hard water areas, a film may appear on the Wok surface when steaming. To remove, simply add 1 cup vinegar and 1 quart water to Wok. Turn Temperature Control Knob to 250°F (125°C) and boil for 5 minutes. Turn Control Knob to "OFF" and let cool. Rinse Wok. Repeat if necessary.
9. ***Never cover Wok when heating oil or deep frying.***

***NOTE: Always dry foods to remove excess water before immersing in deep oil. This will prevent hot oil from splashing.***

# Simple Garnishes

Once you begin Asian cooking, you will want to make the most of each dish by adding pretty food decorations. Here are a few suggestions:

## Celery Tassels

Wash the celery stalks and cut into approximately 2 inch lengths. cut lengthwise at narrow intervals nearly to the base. Leave celery tassel in a bowl of cold water to curl.

## Scallion Brushes

Using scallions, cut green stalks in approximately 2 inch lengths. Cut down the lengths at narrow intervals to just half way. turn and cut from other side. Leave in a bowl of cold water to curl.

## Radish Roses

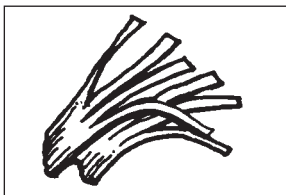
Make 6 to eight cuts lengthwise through the radish from the head of the stalk. Place in cold water until they open like flowers.

## Twists

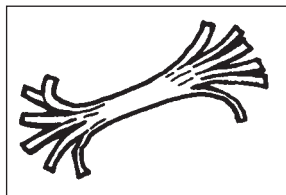
Oranges, lemons, cucumbers can be easily twisted. Thinly slice fruits or vegetables. Cut each slice through the center. Then twist the two halves in opposite directions.

## Carrot Curls

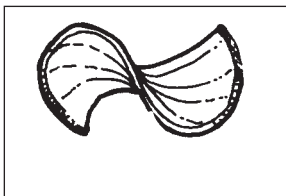
Using a potato peeler, peel carrots wafer thin. Twist the slices and fasten with a toothpick. Place in a bowl of cold water to curl.



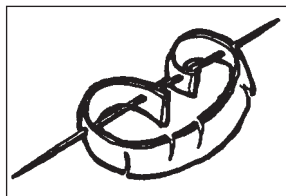
Celery Tassels



Scallion Brush



Orange Twist



Carrot Curl

# Glossary of Asian Ingredients

Asian ingredients are available at most supermarkets, Asian grocery stores, specialty food stores, certain gourmet shops and food sections of department stores.

## **Baby Corn**

Yellow miniature ears of corn 1-1/2 to 2 inches long. Available in cans and packed in water. Used in soups and stir fried dishes.

## **Bamboo Shoots**

Crunchy and juicy bamboo shoots come in cans either sliced, shredded or whole.

## **Bean Curd (fresh)**

Also called tofu is a staple in Asian diets — made from fresh soybeans. Use it in sauces, salads, stir fried dishes and soups.

## **Bean Sprouts**

Grown from mung beans. Available fresh or in cans. The crunchy white sprout has a green cap and small tail. Sprouts can be eaten fresh or cooked for less than a minute to preserve crispness. Use in salads, stir fried dishes, etc.

## **Bok Choy**

Chinese cabbage. Has a broad white celery-like stalk and deep green crinkled leaves. It is used in salads, stir fried dishes or as a decorative vegetable.

## **Chinese Parsley (fresh coriander)**

Bright green herb with a pungent flavor used as a staple in Asian cooking or as a garnish.

## **Egg Roll Wrappers**

Dough that is rolled thinly into 7 inch squares. Wrappers are available fresh or frozen.

## **Ginger Root**

Aromatic spiced root, used as a seasoning.

## **Mushrooms**

Enoki Mushrooms — Creamy white, long-stemmed Japanese mushrooms.

Dried Black Mushrooms — Aromatic with a woody taste.

Straw Mushrooms — Crunchy texture used in stir fried dishes.

## **Snow Peas (Snow Pea Pods)**

Bright green peas with edible pods. Used in stir fried dishes.

## **Water Chestnuts**

Crunchy nutty texture, available fresh or in cans. Used in meat and vegetable dishes.



# Sauces and Condiments

This is a partial listing of the popular sauces and spices that are traditionally used to enhance the flavor of Asian food.

## **Soy Sauce**

Soy sauce is the fundamental seasoning in all Asian cooking — it contains caramel and sugar. Thin or light soy sauce is saltier than dark soy sauce. They are both used in stir-fried dishes, marinades and as a dipping sauce.

## **Chili Oil**

Oil flavored with hot peppers.

## **Five Spice Powder**

Cocoa-colored, ready mixed blend of five ground spices — anise seed, fennel, clove, cinnamon, ginger or pepper.

## **Hoisin Sauce**

Reddish brown sauce used as a marinade for meats and as a dipping sauce.

## **Oyster Sauce**

Pungent brown sauce used as a seasoning, marinade or a dipping sauce.

## **Plum Sauce**

Sweet and spicy, used commonly with rib and duck dishes or as a dipping sauce.

## **Rice Vinegar**

White or golden, with a sharp flavor.

## **Sesame Seeds**

Small, flat oval seeds with a nutty flavor. Toasting brings out the flavor.

## **Sesame Oil**

Golden brown oil made from toasted sesame seeds used to flavor foods.

## **Star Anise**

(Chinese Anise) Star-like brown pod with a licorice aroma.

## **Szechwan Brown Peppercorns**

Hollow brown peppercorns — very aromatic and have a numbing effect.

# Steaming Time Chart

Approximate cooking time in minutes for steaming vegetables, seafood, fish, fruits and meat. This chart is only intended as a guide. Adjust time to suit your taste.

## Vegetables

Artichokes . . . . .	18 - 20
Asparagus:	
whole, frozen . . . . .	8 - 12
canned . . . . .	7 - 10
Beans (string)	
fresh . . . . .	7 - 10
frozen . . . . .	10 - 12
canned . . . . .	8 - 10
Beets, sliced . . . . .	6 - 8
Broccoli . . . . .	6 - 8
Brussels Sprouts:	
fresh, frozen . . . . .	10 - 12
canned . . . . .	8 - 10
Cabbage:	
quartered-small . . . . .	10 - 15
chopped . . . . .	6 - 8
Cauliflower:	
quartered, small . . . . .	10 - 15
frozen . . . . .	8 - 10
Celery . . . . .	6 - 8
Corn-on-the-Cob:	
fresh, frozen, canned . . . . .	5 - 6
Green Peppers, sliced . . . . .	6 - 9
Mushrooms:	
whole . . . . .	14 - 16
sliced . . . . .	6 - 8
Onions:	
small, whole . . . . .	6 - 8
Peas:	
fresh, canned . . . . .	6 - 8
frozen . . . . .	10 - 12
Potatoes, small, whole . . . . .	14 - 18
Spinach:	
fresh, frozen . . . . .	8 - 10
canned . . . . .	7 - 10
Sauerkraut . . . . .	6 - 8
Tomatoes, sliced . . . . .	4 - 5
Zucchini, sliced . . . . .	5 - 7

## Steaming Time Chart *(Continued)*

### Seafood and Fish

Clams . . . . .	6 - 9
Oysters . . . . .	6 - 9
Lobster . . . . .	8 - 10
Red Snapper . . . . .	8 - 10
Salmon . . . . .	8 - 10
Shrimp, peeled . . . . .	5 - 7

### Fruit

Apples, small . . . . .	12 - 15
Apricots . . . . .	10 - 12
Pears . . . . .	12 - 15
Peaches . . . . .	12 - 15

### Meat

Beef Sausage . . . . .	8 - 10
Beef, sliced thin . . . . .	18 - 20
Chicken, sliced . . . . .	20 - 24
Hot Dogs, fresh . . . . .	5 - 8
Hot Dogs, frozen . . . . .	6 - 9
Pork Sausage . . . . .	8 - 10

# Recipes

## ***Crunchy Shrimp Balls***

Makes about 20 balls

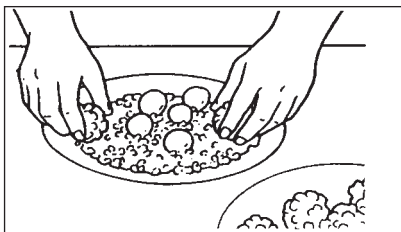
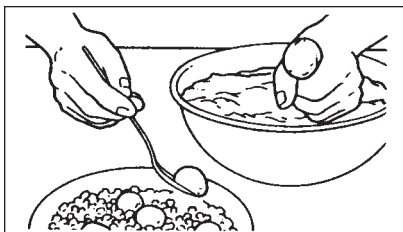
1/2 lb. fresh shrimp, shelled and deveined  
1 strip bacon, coarsely chopped  
1/2 teaspoon salt  
1 teaspoon dry sherry  
1 teaspoon sesame oil  
2 water chestnuts, coarsely chopped  
1/4 teaspoon fresh ginger, minced  
1 egg, slightly beaten  
1 teaspoon cornstarch  
1 cup flavored croutons, finely chopped  
3 cups vegetable oil

Using a food processor or cleaver, finely chop shrimp and bacon into a paste. Combine with the salt, sherry, sesame oil, water chestnuts, ginger, egg and cornstarch. Shape mixture into 1 inch balls and roll in finely chopped croutons coating balls evenly.

Heat oil in Wok at 400°F (200°C). Add a few balls at a time and deep fry 3 to 4 minutes until golden brown. Remove from oil with a wire strainer or slotted spoon and drain on a paper towel. Repeat with remaining balls.

Serve hot with a dipping sauce.

**Dip hand in water to prevent sticking. Scoop a handful of mixture into hand and make a flat. Squeeze out 1 inch ball from top of flat. Roll balls in crouton mixture and cover evenly.**



## ***Shrimp Toast***

Makes 20 pieces

1/2 lb. medium shrimp, shelled and deveined  
5 slices white bread  
1 egg, beaten  
1 tablespoon Chinese rice wine  
4 water chestnuts, coarsely chopped  
1/8 teaspoon salt  
Pinch of pepper  
1 tablespoon cornstarch  
2 scallions, minced  
3 cups vegetable oil

Using a food processor or cleaver, finely chop shrimp into a paste. Combine with cornstarch, sugar, salt, egg, water chestnuts, pepper and wine, mixing until thoroughly combined. Set aside. Remove crust from bread and cut on the diagonal making triangles.

Heat oil at 400°F (200°C). Spread about 2 teaspoons of filling on each triangular piece of bread. Drop bread, shrimp side down, into oil and deep fry about 1 minute. Gently turn over and continue to fry another minute or until golden brown. Drain and keep warm in the oven until all the shrimp toast is fried.

## ***Fried Crab Won-Tons***

Makes 24 won-tons

Filling:	24 won-ton wrappers
2 oz. cooked crabmeat or cooked shrimp	1 egg, beaten
1-3 oz. package cream cheese, softened	3 cups vegetable oil
1/2 teaspoon Worcestershire sauce	
Salt and pepper to taste	

In a small bowl, thoroughly combine filling ingredients. Set aside. Heat oil in Wok at 400°F (200°C). Place a level teaspoon of filling in center of wrapper. Fold to form a triangle. Lightly brush center of triangle with beaten egg, bring corners together forming another triangle.

Fry 3 won-tons at a time, approximately 2 minutes or until golden. Remove with a slotted spoon. Drain on paper towels. Serve with mustard and dipping sauces.

## ***Spring Rolls (Egg Rolls)***

Makes 12 spring rolls or 36 pieces

1/4 lb. ground lean pork  
4 oz. cooked and peeled shrimp, chopped  
2 scallions (white part only), finely chopped  
1 celery stalk, finely chopped  
1 tablespoon oil  
1/2 lb. bean sprouts  
1 tablespoon soy sauce  
1 teaspoon salt  
Pinch of pepper  
1 teaspoon brown sugar  
Pinch Chinese five spice powder (optional)  
Dash of sesame oil  
12 spring roll wrappers  
1 egg, beaten  
3 cups vegetable oil

Preheat Wok at 375°F (190°C). Swirl one tablespoon of oil into Wok. Add chopped scallions and stir fry several seconds. Add pork and shrimp, cook approximately 2 minutes. Stir in vegetables and then seasonings, except sesame oil. Mix well and continue to stir fry for 2 to 3 minutes more. Add sesame oil and toss gently. Remove from Wok and place in colander to drain and cool.

Heat oil in Wok at 400°F (200°C). While oil is heating, fill spring rolls. Place wrapper with one point toward you, moisten upper edge with egg. Spoon about 3 tablespoons of filling into center of wrapper and fold bottom up and over filling to cover. Then roll up, jelly-roll style, sealing final corner. Repeat until all the mixture is used up. Place uncooked spring rolls on a platter and cover with plastic wrap as you go.

When oil has reached temperature, gently lower 3 to 4 rolls in oil and deep fry 3 to 4 minutes or until golden brown on all sides. Remove and drain on paper towels. Repeat. Serve with Chinese mustard and dipping sauce.

**NOTE:** Crepes can be substituted for spring roll wrappers.

# Won-Ton Soup

Makes 6 servings

Filling:

1/4 lb. fresh shrimp,  
shelled and deveined  
1/4 lb. pork, finely ground  
1/2 teaspoon fresh ginger root,  
minced  
1/2 teaspoon salt  
1 tablespoon soy sauce  
1 egg, beaten  
1/2 teaspoon sesame oil  
1 teaspoon sugar  
1 teaspoon dry sherry  
3 tablespoons scallions, minced

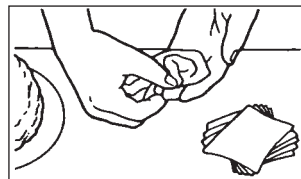
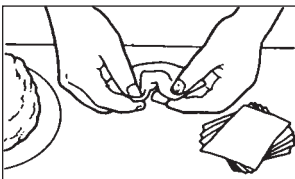
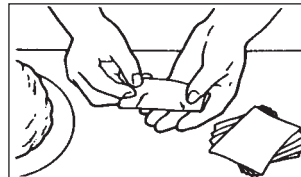
24 won-ton wrappers  
1 egg, beaten  
8 cups water  
1 cup cold water  
6 cups chicken broth  
1/2 teaspoon sesame oil  
Salt and pepper to taste  
1 tablespoon scallions, chopped

Rinse shrimp and pat dry with paper toweling. Using a food processor or cleaver, chop shrimp into a fine paste. In a large bowl, combine shrimp paste with remaining ingredients. Mix well and set aside.

To assemble won-tons, spoon about 1 teaspoon filling in center of won-ton wrapper, brush edge with beaten egg and fold as illustrated. As each won-ton is assembled, place on a large plate under a dry towel. Bring 8 cups of water to boil in the Wok at 250°F (125°C). When water begins to boil, add 1 cup cold water. When water reaches second boil, gently lower won-tons. Won-tons will float to top when done. Carefully remove each won-ton with a strainer and set aside. Discard water from Wok.

Bring chicken broth to boil in Wok. Season with sesame oil, salt and pepper to taste. Reduce heat to simmer. Lower won-tons into soup. Garnish with chopped scallions. Simmer 1 minute. Serve piping hot.

**Fold in half and brush left side with beaten egg. Bring right side over on top. Press firmly making sure right and left corners are sealed.**



## ***Oriental Style Ribs***

Makes 25 to 35 pieces

3 lb. rack of pork backribs — cut lengthwise, then across in thirds  
1 cup chicken broth  
8 tablespoon soy sauce  
7 tablespoons brown sugar  
2 scallions, chopped

Heat the Wok at 350°F (175°C). In a small bowl, combine broth, soy sauce and sugar. Set aside. Brown ribs on all sides a few at a time. Remove with wire strainer or slotted spoon, pausing over the Wok to let excess fat drain.

When all ribs have been cooked, return to Wok. Lower Temperature Control Knob to simmer. Pour in liquid mixture. Sprinkle with scallions. Cook covered for 30 minutes, or until liquid is reduced and thick. Serve with hot mustard and plum sauce.



## ***Lemon Chicken***

Makes 8 servings

2 whole chicken breasts,  
sliced in quarters

Marinade:

2 teaspoons soy sauce  
Dash salt and white pepper  
1 teaspoon dry sherry or rice wine  
1 egg, lightly beaten

Lemon sauce:

1/2 cup chicken broth  
1/4 cup honey  
1/4 cup sugar  
2 tablespoons water  
1/2 teaspoon salt  
2 teaspoons cornstarch  
1 teaspoon sesame oil  
1/4 cup lemon juice  
(1 lemon)  
1 tablespoon vegetable oil

3 tablespoons cornstarch  
4 tablespoons all purpose flour  
3 cups vegetable oil

Garnish:

1/2 head lettuce, shredded  
2 to 3 maraschino cherries  
1 lemon, sliced

In a bowl, combine all marinade ingredients. Place chicken in a shallow dish. Pour marinade over chicken and refrigerate for 30 minutes. Remove chicken from marinade. Reserve marinade.

Heat 3 cups oil in Wok at 375°F (190°C). While oil is heating, mix reserved marinade mixture with 3 tablespoons cornstarch and flour. Dip chicken pieces into this batter. Carefully lower batter-coated chicken into hot oil with a wire strainer or slotted spoon. Deep fry until light brown. Remove chicken from oil with strainer, drain well over Wok and place on paper towel.

Cut each piece crosswise into 5 or 6 pieces. Place in single layer over a bed of shredded lettuce.

Remove all oil from Wok except for 1 tablespoon. Heat remaining oil at 350°F (175°C). Mix lemon sauce ingredients into hot oil, stir and bring to a boil. Continue stirring until sauce is slightly thickened. Pour over chicken and garnish with lemon slices and cherries.

## ***Stir Fried Beef with Asparagus and Pea Pods***

Makes 4 to 6 servings

10 dried black mushrooms  
1 cup warm water  
1/2 lb. beef flank steak  
1 lb. asparagus  
1/2 lb. pea pods

Cornstarch mixture:  
1/4 cup chicken broth  
2 tablespoons cornstarch  
2 tablespoons oyster sauce  
1 teaspoon sugar

Marinade:

1 tablespoon oil  
1 teaspoon cornstarch  
1 teaspoon sugar  
2 teaspoons soy sauce  
Salt and pepper to taste

Sauce:

3 tablespoons oil  
1 teaspoon fresh ginger root, finely chopped  
1 teaspoon garlic, finely chopped  
2 tablespoons dry white wine  
1/2 cup chicken broth  
2 scallions (white part only), finely chopped

In a bowl, soak dried mushrooms about 20 minutes until soft. Remove and drain. Discard stems and chop into small pieces. Trim excess fat from flank steak. Cut beef against grain into 2-inch strips.

**NOTE:** Beef will slice easier when it is slightly frozen.

In a bowl, combine marinade ingredients and toss with beef. Refrigerate and let stand for 20 to 30 minutes. Break off tough ends of asparagus as far down as stalk snaps easily. Cut asparagus in 2-inch pieces. Remove strings from pea pods.

Bring water to boil in the Wok at 250°F (125°C). Blanch pea pods and asparagus for 1 minute. (See Blanching Section on page 8.) Remove, drain and set aside. Pour out water.

In another bowl, combine the cornstarch mixture. Set mixture aside. Heat the Wok at 375°F (190°C). Swirl 2 tablespoons of oil into the Wok. Add ginger root, garlic, beef and stir fry. Remove beef from the Wok.

Add 1 tablespoon oil to the Wok, stir fry mushrooms and asparagus. Add wine, cook about 30 seconds, stir in 1/2 cup chicken broth. Heat until mixture begins to bubble. Stir in cornstarch mixture and cook until sauce is thickened, about 20 seconds. Add pea pods and return beef to Wok. Toss and garnish with chopped scallions.

## ***Aromatic Red-Cooked (hung tsau) Beef***

Makes 4 to 6 servings

2-1/2 lbs. boneless beef  
(chuck or eye of the round roast)  
1 tablespoon oil  
1 slice fresh ginger root, crushed  
3 cloves garlic, crushed

Sauce:

1/2 cup soy sauce  
2 dried hot chili peppers  
2 tablespoon sugar  
1 cup water  
1/3 cup dry sherry

Cut beef into 1 inch cubes. In a bowl, mix together sauce ingredients. Heat Wok at 375°F (190°C). Swirl oil into Wok. Stir fry ginger, garlic and beef cubes. Reduce temperature to 225°F (100°C). Pour sauce ingredients over meat. Cover and simmer 1-1/2 hours. Uncover, turning meat in liquid. Continue cooking for about 1 hour more or until meat is tender. Remove meat and set aside. Discard ginger, chili peppers and garlic from sauce and pour sauce over beef chunks. Serve hot over rice.

**NOTE:** Check beef from time to time while it is cooking, add more water as needed. There should be about 2 cups of sauce left in Wok when meat is removed.

## ***Mixed Chinese Vegetables***

Makes 4 to 6 servings

1/2 head fresh broccoli  
1/2 lb. fresh spinach  
1/2 lb. fresh pea pods  
4 stalks celery  
2 carrots  
2 medium onions  
1 - 8 oz. can water chestnuts, sliced and drained  
1 slice fresh ginger root, crushed  
2 scallions  
3/4 cup chicken broth  
2 tablespoons vegetable oil

Cut broccoli tops into flowerets. Cut broccoli stalks in thin strips 2 inches long. Chop spinach coarsely. Remove strings from pea pods. Cut celery in 1/2 inch diagonal slices. Cut onions in wedges and separate layers. Cut carrots and scallions in thin diagonal slices.

Heat oil in the Wok at 375°F (190°C). When the Indicator Light goes off, add broccoli stalks, carrots, onion and ginger. Stir fry 1 minute. Add all remaining vegetables. Toss lightly. Add chicken broth. Toss until vegetables are completely coated. Cook until liquid boils. Cover Wok and cook until vegetables are crisp, yet tender, about 2 to 3 minutes.

## ***Snow Peas and Straw Mushrooms***

Makes 4 to 6 servings

1 lb. snow peas (in pods)  
1 15 oz. can straw mushrooms, drained  
2 tablespoons dry sherry  
Salt and white pepper to taste  
1 teaspoon sugar  
1/4 cup peanut oil

Remove strings from pea pods. In a bowl, combine sherry, salt, pepper and sugar. Stir to blend. Set aside.

Heat the Wok at 350°F (175°C). Swirl oil into wok. Add straw mushrooms, stirring constantly for about 1-1/2 minutes. Add snow pea pods, and stir fry. Add sherry mixture and cook about 30 seconds.

## ***Braised Cabbage with Mushrooms***

Makes about 4 to 6 servings

1 lb. Chinese cabbage  
2 tablespoons peanut oil  
1 green pepper, cut in strips  
1 tablespoon soy sauce mixed with 1 teaspoon sugar  
4 oz. button mushrooms  
1/4 cup water

Wash cabbage and chop coarsely. Heat in Wok at 350°F (175°C). Swirl oil into Wok, and stir fry cabbage. Add green pepper and mushrooms. Pour sauce over vegetables. Add water to Wok and cover. Cook 5 to 7 minutes, shaking the Wok occasionally.

## ***Crabmeat Egg Foo Yung***

Makes 2 to 3 servings

4 eggs  
1/2 cup shredded crabmeat  
1 cup bean sprouts  
1 tablespoon onion, minced  
2 tablespoons soy sauce  
Salt and pepper to taste  
1 tablespoon vegetable oil

In a mixing bowl, beat eggs until frothy. Add crabmeat, sprouts, onions, soy sauce, salt and pepper. Add oil to Wok and heat at 250°F (125°C). When Temperature Indicator Light goes out, pour in egg mixture. Push egg mixture to the middle with wooden spatula, allowing the uncooked mixture to flow beneath. When bottom of eggs are golden brown, turn over with spatula. Cook until golden. Slide onto plate. Serve immediately with hot brown sauce. (See recipe below.)

### ***Try these variations:***

Beef Egg Foo Yung —  
    substitute 1/2 cup shredded beef for crabmeat.  
Chicken Egg Foo Yung —  
    substitute 1/2 cup shredded chicken for crabmeat.  
Shrimp Egg Foo Yung —  
    substitute 1/2 cup sliced shrimp for crabmeat.

## ***Brown Sauce***

Makes about 1 cup

2 tablespoons soy sauce  
2 teaspoons sugar  
2 tablespoons scallions, chopped  
1 teaspoon oyster sauce  
1 teaspoon dry sherry  
1 cup chicken broth  
2 tablespoon flour  
2 tablespoons vegetable oil

Pour oil into the Wok and heat to 225°F (100°C). When the Temperature Indicator Light goes off, stir in flour. Add broth in a steady stream, stirring continually. Add remaining ingredients while stirring. Cook until gravy consistency is reached.

## ***Fried Bananas***

Makes 4 to 6 servings

1-1/2 cups all purpose flour  
1 teaspoon baking powder  
1/4 teaspoon baking soda  
1/4 teaspoon salt  
3/4 cup water  
4 to 5 firm bananas  
3 cups vegetable oil

In a large bowl, combine 1 cup flour, baking powder, soda and salt. Gradually blend in water, beating with whisk until smooth.

Peel bananas. Cut each banana on the diagonal into 3 to 4 pieces. Heat oil in the Wok at 400°F (200°C). Coat each banana piece by dipping in flour-water mixture. Gently lower several pieces of banana one at a time into oil using a strainer or slotted spoon. Cook bananas in oil until golden brown, about 3 to 5 minutes. Remove and drain on paper towels.

# ONE-YEAR LIMITED WARRANTY

This Salton, Inc. product warranty extends to the original consumer purchaser of the product.

**Warranty Duration:** This product is warranted to the original consumer purchaser for a period of one (1) year from the original purchase date.

**Warranty Coverage:** This product is warranted against defective materials or workmanship. This warranty is void if the product has been damaged by accident, in shipment, unreasonable use, misuse, neglect, improper service, commercial use, repairs by unauthorized personnel or other causes not arising out of defects in materials or workmanship. This warranty is effective only if the product is purchased and operated in the USA, and does not extend to any units which have been used in violation of written instructions furnished by Salton, Inc., or to units which have been altered or modified or to damage to products or parts thereof which have had the serial number removed, altered, defaced or rendered illegible.

**Warranty Disclaimers:** This warranty is in lieu of all warranties expressed or implied and no representative or person is authorized to assume for Salton, Inc. any other liability in connection with the sale of our products. There shall be no claims for defects or failure of performance or product failure under any theory of tort, contract or commercial law including, but not limited to, negligence, gross negligence, strict liability, breach of warranty and breach of contract. Some states do not allow the exclusion or limitations of implied warranties or consequential damages, so the above limitations or exclusions may not apply to you.

Salton, Inc. is not responsible or liable for indirect, special or consequential damages arising out of or in connections with the use or performance of the product or other damages with respect to loss of property, or loss of revenues or profit.

**Legal Remedies:** This warranty gives you specific legal rights, and you may also have other rights that vary from state to state.

**Warranty Performance:** During the above one-year warranty period, a product with a defect will be either repaired or replaced with a reconditioned comparable unit (at Salton, Inc.'s option) when the product is returned to the Salton, Inc. facility listed below. The repaired or replacement product will be in warranty for the balance of the one-year warranty period and an additional one-month period. No charge will be made for such repair or replacement.

## Service and Repair

If service is required, you should first call toll-free 1-800-233-9054 **between the hours of 8:00 am and 5:00 pm Central Standard Time** and ask for **CONSUMER SERVICE**.

**In-Warranty Service** for a product covered under the warranty period, no charge is made for service and return postage. Please return the product insured, packaged with sufficient protection, and postage and insurance prepaid to the address listed below. Call for return authorization.

**Out-of-Warranty Service:** There will be charges rendered for repairs made to the product after the expiration of the aforesaid one (1) year warranty period, after purchaser is advised appropriately. Include \$8.00 (U.S.) for return shipping and handling.

Salton, Inc. cannot assume responsibility for loss or damage during incoming shipment. For your protection, carefully package the product for shipment and insure it with the carrier. Be sure to enclose the following items with your unit: any accessories related to your problem; your full return address and daytime phone number; a note describing the problem you experienced; **a copy of your sales receipt or other proof of purchase to determine warranty status.** C.O.D. shipments cannot be accepted.

Return the appliance to: ATTN: Repair Department, Salton, Inc.  
708 South Missouri St. Macon, MO 63552

**For more information on Salton, Inc. products,** visit our website:  
<http://www.eSalton.com>, or email us at: [maxim@saltonusa.com](mailto:maxim@saltonusa.com)

Printed in China

©2000 Salton, Inc.

P/N 60559