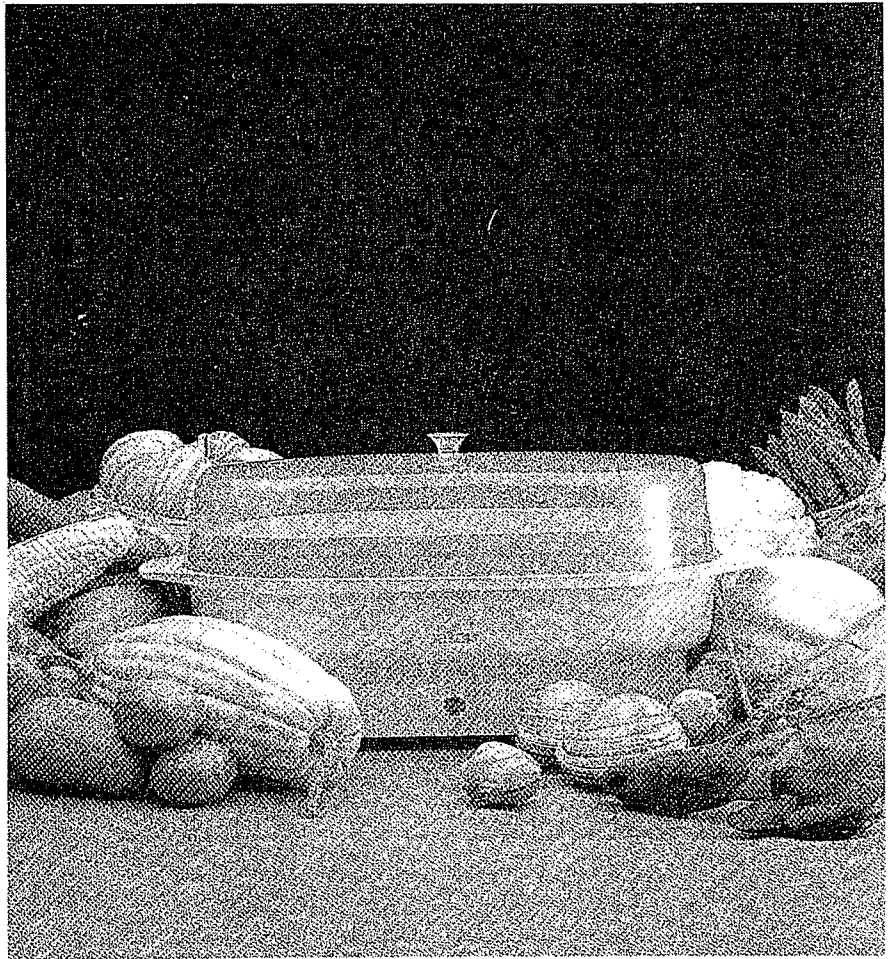


OWNER'S MANUAL
MODEL No. VP-1

VITAMIN BAR™

Vegetable Steamer / Rice Cooker



salton®



Get a taste of the good life with Salton

IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed:

- 1.** Read all instructions before operating.
- 2.** Do not touch hot surfaces, use handles or knobs.
- 3.** To protect against electrical shock, do not immerse any part of the appliances in water or any liquid.
- 4.** Close supervision is necessary when any appliance is used by or near children.
- 5.** Always unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- 6.** Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Return appliance to Salton/Maxim Service Center for examination, repair or adjustment.
- 7.** The use of accessory attachments not recommended by Salton/Maxim may cause injuries.
- 8.** Do not use outdoors or while in damp area.
- 9.** Do not let cord hang over edge of table or counter, or touch hot surfaces.
- 10.** Do not place on or near a hot gas or electric burner, or in a heated oven.
- 11.** Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- 12.** To disconnect, remove plug from wall outlet.
- 13.** Do not use appliance for other than intended use.

SAVE THESE INSTRUCTIONS

ADDITIONAL IMPORTANT SAFEGUARDS

- 1. CAUTION:** This appliance generates heat and escaping steam during use. Proper precautions must be taken to prevent the risk of burns, fires or other damage to persons or property.
- 2.** All users of this appliance must read and understand this Owner's Manual before operating or cleaning this appliance.
- 3.** The cord to this appliance should be plugged into a 120V AC electrical outlet only.
- 4.** When using this appliance, provide adequate air space above and on all sides for air circulation. Do not allow this appliance to touch curtains, wall coverings, clothing, dishtowels or other flammable materials during use.
- 5.** Do not leave this appliance unattended during use.
- 6.** This appliance generates steam--do not operate uncovered.
- 7.** If this appliance begins to malfunction during use, immediately unplug the cord. Do not use or attempt to repair the malfunctioning appliance! Do not use the steaming basket or rice bowl if cracked or chipped.
- 8. THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY.**

Short Cord Instructions

A short power supply cord is provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord. If an extension cord is used:

- a) The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance.
- b) The longer cord should be arranged so that it will not drape over the counter top or table top, where it can be pulled on by children or tripped over unintentionally.

Polarized Plug

This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit, contact a qualified electrician. Do not attempt to defeat this safety features.

Instructions for Use

Before using your vegetable steamer for the first time, become familiar with all of the parts and refer to diagram on page 6.

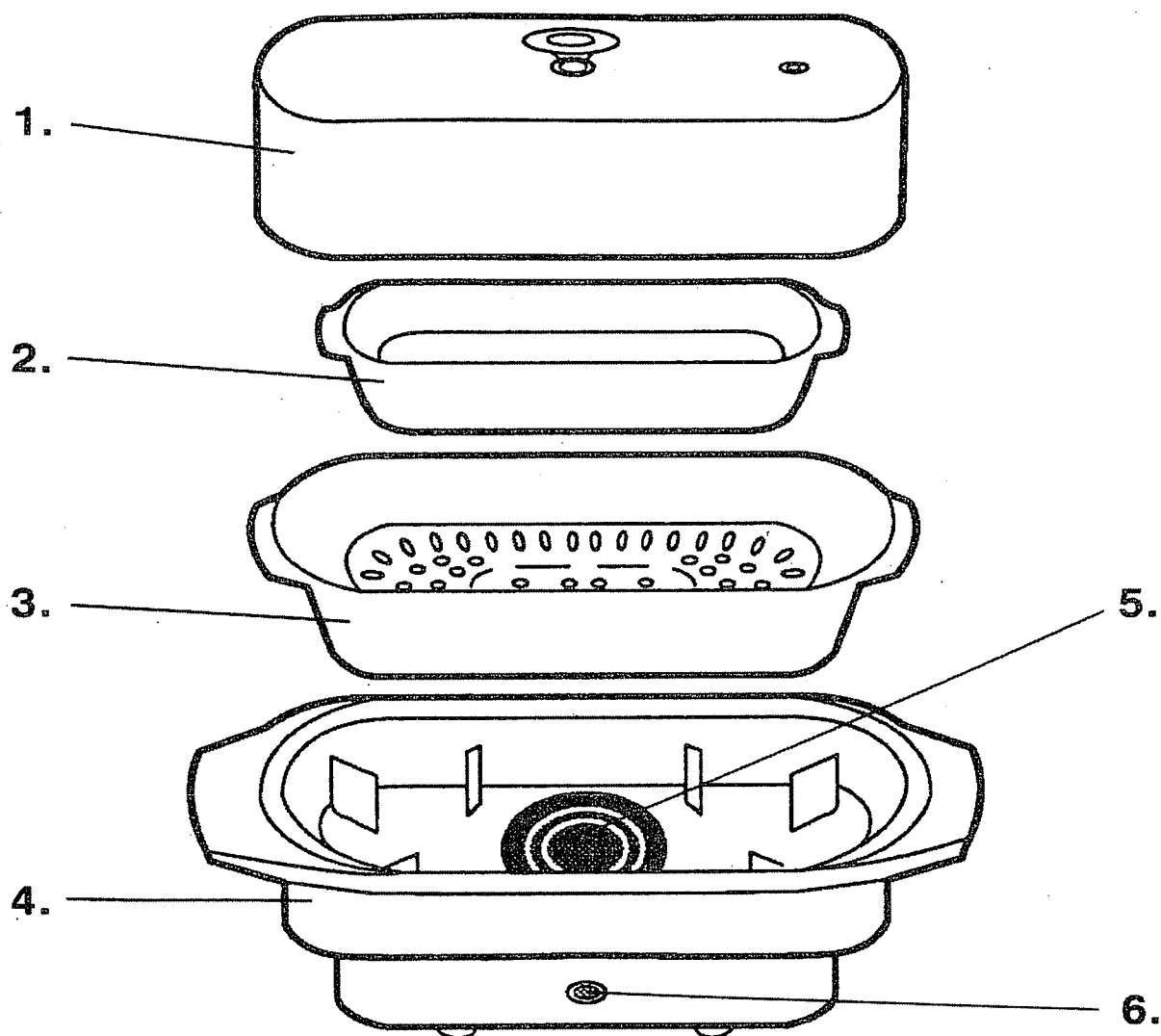
Cooking in the Steaming Basket:

- 1.** Make sure the appliance is unplugged. Fill heating body with cold tap water to appropriate fill line. Do not use wine, broth or other liquids. Do not add anything to the water in the heating body.
- 2.** Place the food into the steaming basket. Do not add seasonings, herbs, etc. until cooking has been completed.
- 3.** Place the steaming basket inside the heating body.
- 4.** Place the cover on the heating body. **DO NOT OPERATE THIS APPLIANCE UNCOVERED--STEAM IS GENERATED DURING USE!**
- 5.** Plug the cord into a 120V AC electrical outlet. The indicator light will go on. Steaming will start.
- 6.** When the indicator light goes OFF, open the cover slowly, taking care to avoid escaping steam.
CAUTION: STEAM WILL ESCAPE! DO NOT TOUCH THE STEAMING BASKET OR THE HEATING BODY! Using long handled utensils/tongs, check the food. If the food is not done, carefully add some more water and replace the cover. The unit will start steaming again.
- 7.** When the food is done, unplug the appliance. Carefully remove the steaming basket using long handled utensils/tongs. **DO NOT TOUCH THE STEAMING BASKET OR THE HEATING BODY UNTIL THEY HAVE COOLED!** Remove the food and add seasonings, if desired.
- 8.** Allow the water and appliance to cool before spilling out the water and cleaning the appliance.
- 9.** Disconnect the plug from the wall outlet when not in use.

Cooking Rice:

- 1.** Make sure the appliance is unplugged. Fill heating body with cold tap water to appropriate fill line. Do not use wine, broth or other liquids. Do not add anything to the water in the heating body.
- 2.** Add correct portions of rice and water into the rice bowl, following directions from the rice package.
- 3.** Place rice bowl with rice and water inside the heating body.
- 4.** Place the cover on the heating body. **DO NOT OPERATE THIS APPLIANCE UNCOVERED--STEAM IS GENERATED DURING USE!**
- 5.** Plug the cord into a 120V AC electrical outlet. The indicator light will go on. Steaming will start.
- 6.** When the indicator light goes OFF, open the cover slowly taking care to avoid escaping steam.
CAUTION: STEAM WILL ESCAPE! DO NOT TOUCH THE RICE BOWL OR THE HEATING BODY! Using long handled utensils/tongs, check the rice. If the rice is not done, carefully add some more water and replace the cover. The unit will start steaming again.
- 7.** When the rice is done, unplug the appliance. Carefully remove the rice bowl using long handled utensils/tongs. **DO NOT TOUCH THE RICE BOWL OR THE HEATING BODY UNTIL THEY HAVE COOLED!**
- 8.** Allow the water and appliance to cool before spilling out the water and cleaning the appliance.
- 6.** Disconnect the plug from the wall outlet when not in use.

Getting To Know Your Salton VITAMIN BARTM Vegetable Steamer/ Rice Cooker



1.. Cover
2. Rice Bowl / Rice Cooker
3. Steaming Basket

4. Heating Body
5. Heating Basin
6. Indicator Light

Guide to Steaming Times

The amount of water poured into the heating body determines the steaming time. This chart provides an estimate of the steaming times according to various amounts of water.

NOTE: The Salton steamer is automatic. Timing begins when the unit is plugged in. When adapting recipes, timing should not be compared to other methods of steaming where timing begins after the water has come to a boil.

CAUTION: Although the Salton steamer is automatic, the user should check periodically to make sure that the water has not completely boiled away, following the instructions on pages 4 and 5 for checking the food or rice.

Water in the heating body	Approximate time
8 fl. oz.	15-17 min.
16 fl. oz.	29-30 min.
24 fl. oz.	44-46 min.
36 fl. oz.	59-61 min.
40 fl. oz.(Maximum)	72-80 min.

Hints for Best Results

1. Steaming times will vary depending on the size and density of food, desired degree of doneness, and the temperature of water used for steaming.
2. If steamer has shut off and food is not to desired doneness, add cold water to the heating body, replace food and cover. Unit will be ON shortly and resume steaming.

NOTE: $\frac{1}{4}$ cup water adds about 4 minutes of steaming time, $\frac{1}{2}$ cup adds 8 minutes.

CAUTION: To avoid steam burns and when checking foods while cooking, use long handled utensils/tongs. When removing the cover, be careful to lift cover slowly.

3. Do not use rice bowl or steaming basket in oven, microwave oven or on range top, or in a refrigerator or freezer. The rice bowl and steaming basket are only to be used in this appliance.
4. Smaller foods steam faster than larger ones; a single layer of food cooks faster than several layers. Foods of uniform size will cook more evenly. Arrange food in center of basket; try not to block steam vents.
5. Altitude affects the temperature at which water boils. Thus, at higher altitudes longer cooking times may be necessary.

User Maintenance Instructions

This appliance should be cleaned after every use.

1. Unplug the appliance from outlet when not in use and before cleaning. NEVER immerse heating body in water. Allow the steamer to cool before cleaning.
2. Rice Bowl, Steam Basket and Cover can be:
Washed in hot, soapy water, rinsed and dried.
Or, washed in dishwasher (upper rack).
3. **DO NOT** use abrasive cleaners or scouring pads or steel wool to clean this appliance.
4. Prolonged dishwasher use may fade printing.
5. Wash the exterior of the heating body with a damp cloth, then dry thoroughly. Scrub heating basin with white household vinegar after each use. This will prevent mineral deposits from collecting.
6. Using a sponge or soft cloth, carefully wash the inside of the heating body, using hot, soapy water. Then rinse, only using a sponge or soft cloth. **DO NOT IMMERSE THE HEATING BODY IN WATER!** Dry thoroughly with a soft cloth.
7. **THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY!**

LIMITED WARRANTY

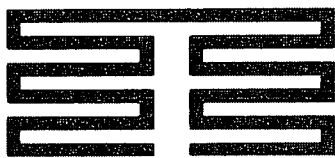
Machines distributed by Salton/MAXIM Housewares Inc. are warranted for one year from date of purchase against defects in workmanship and material. During that period these defects will be repaired or the product will be replaced at Salton/MAXIM's option, without charge. This warranty covers normal consumer usage and does not cover damage which occurs in shipment or failure which results from alteration, accident, misuse, abuse, neglect, installation, commercial use or improper maintenance. This warranty is effective only if the product is purchased and operated in the USA, and does not extend to any units which have been used in violation of written instructions furnished by Salton/MAXIM Housewares Inc., or to units which have been altered or modified without authorization of Salton/MAXIM Housewares Inc., or to damage to products or parts thereof which have had the serial number removed, altered, defaced or rendered illegible. This warranty does not cover damage which results from unauthorized repairs.

Service and Repair

Do Not attempt to repair your Salton Vegetable Steamer/Rice Cooker. Should the appliance malfunction, you should first call toll free 1-800-233-9054 between the hours of 9:00 a.m. and 5:00 p.m. Central Standard Time and ask for CONSUMER CUSTOMER SERVICE stating that you are a consumer with a problem. If the problem cannot be resolved, you will be asked to return the machine to the factory for repair. Under no circumstances should you attempt to open the housing and repair the machine. Should you do this, your warranty will be voided. Attempts to repair this appliance yourself may render it dangerous to use.

To Return for Service

1. Securely package and return the product, PREPAID to: Salton/MAXIM Housewares Inc., Repair Department, 550 Business Center Drive, Mt. Prospect, IL 60056
 2. Be sure to enclose:
 - a. Your name, address and phone number.
 - b. The date of purchase (or receipt as a gift).
 - c. An explanation of the malfunction or reason for return.
 - d. Six dollars (\$6.00) Check or Money Order payable to Salton/MAXIM Housewares Inc. for return postage and handling.
 - e. To insure prompt "In-Warranty" service, be sure to include proof of date of purchase.
- We recommend you take the necessary precaution of insuring the parcel.
3. Toll Free number: 1-800-233-9054



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