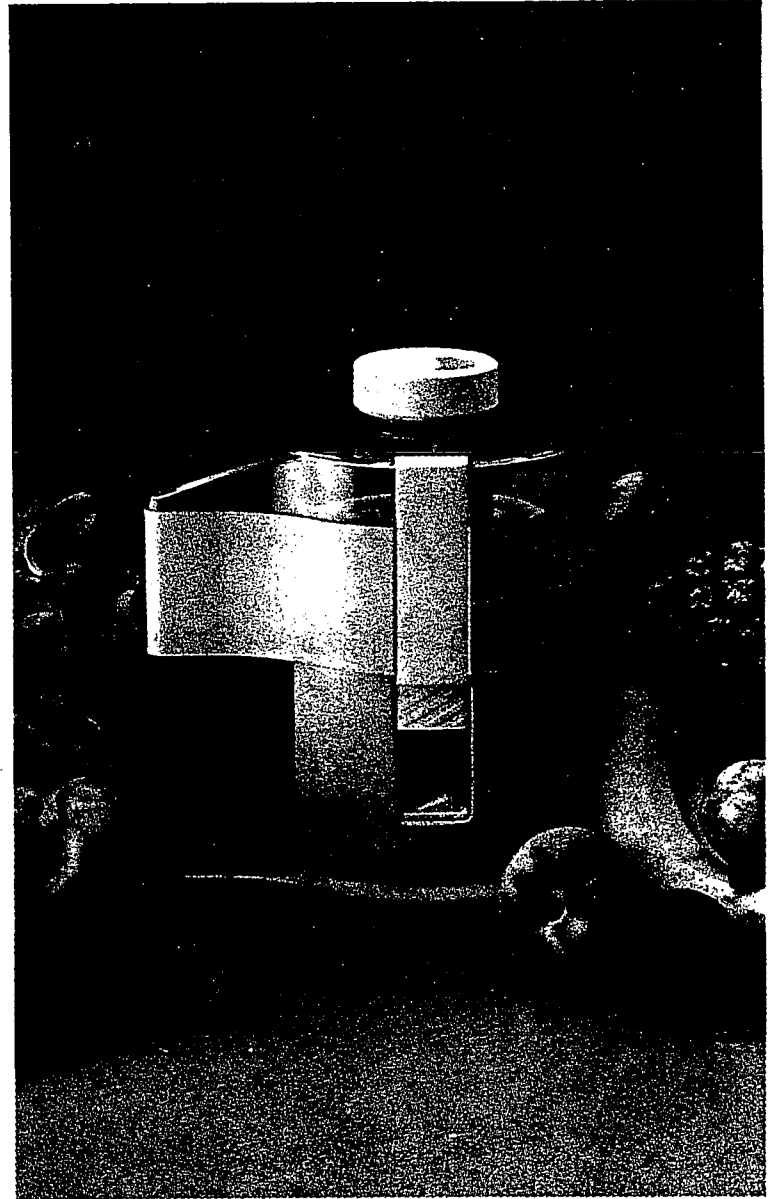


OWNER'S MANUAL
MODEL No. JC-6

VITAMIN BAR™

Fruit & Vegetable Juice Extractor



salton®

Get a taste of the good life with Salton.

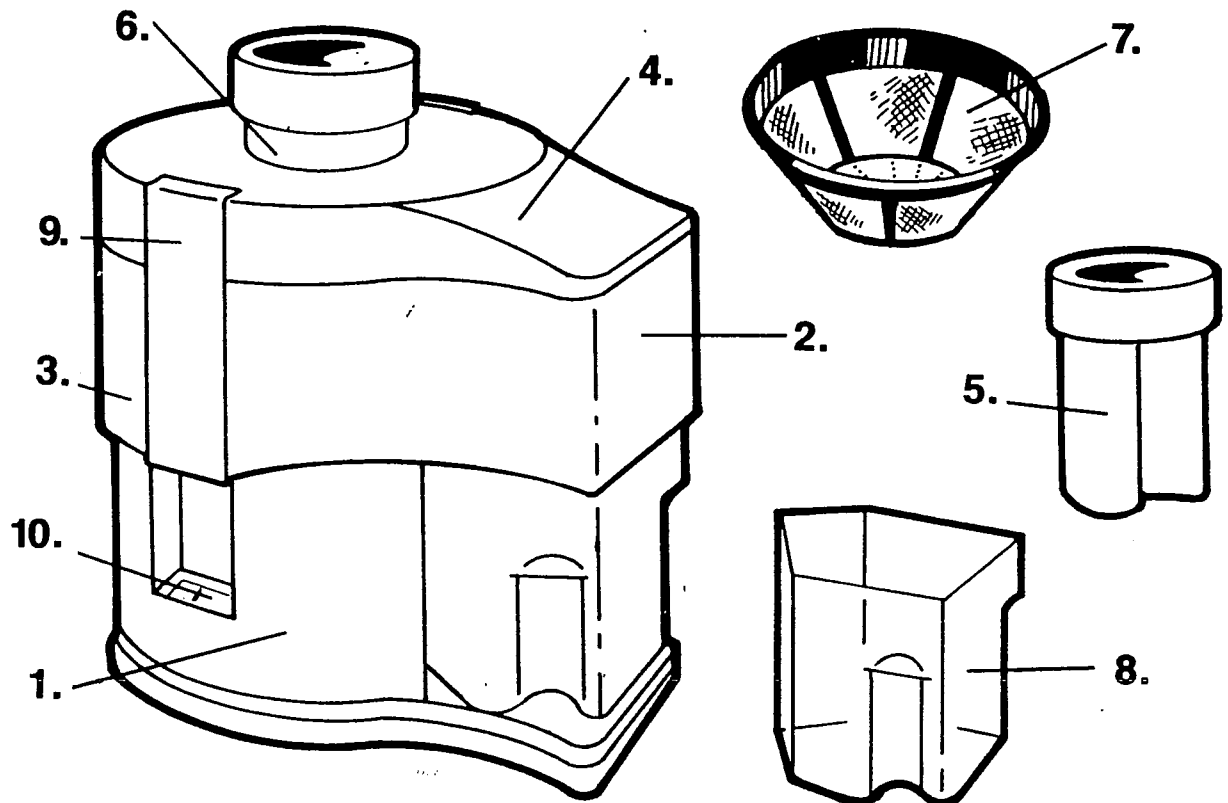
IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed, including the following:

1. Read all instructions carefully.
2. To protect against risk of electrical shock, do not immerse motor base in water or other liquid.
3. Close supervision is necessary when any appliance is used by or near children.
4. Unplug from outlet when not in use, before putting on or taking off parts, and before cleaning.
5. Avoid contacting moving parts.
6. Always make sure lid is clamped securely in place before motor is turned on. Do not unfasten lid latches while juicer is in operation.
7. Never operate without pulp collector in place.
8. Be sure to turn switch to "OFF" position after each use of your **VITAMIN BAR.™** Make sure the motor stops completely before disassembling.
9. Do not put your fingers or other objects into the **VITAMIN BAR.™** opening while it is operating. Never feed food by hand — always use the Food Pusher. If food becomes lodged in opening, use Food Pusher to push it down. When this method is not possible, turn the motor off and disassemble juicer to remove the remaining food.
10. Do not operate any appliance with a damaged cord set or after the appliance malfunctions, or is dropped or damaged in any manner. Return the appliance to Salton/MAXIM for examination, repair or electrical mechanical adjustment.
11. The use of attachments not recommended by Salton/MAXIM may cause fire, electrical shock, or injury.
12. Do not use outdoors.
13. Do not let cord hang over edge of table or counter or touch hot surfaces.
14. Do not leave the **VITAMIN BAR.™** unattended while it is operating.
15. Blades are sharp. Handle carefully.

SAVE THESE INSTRUCTIONS

Description of Parts



- | | | |
|-------------------|---------------------|-------------------|
| 1. Motor base | 5. Food pusher | 9. Locking clips |
| 2. Pulp collector | 6. Feed tube | 10. On/Off switch |
| 3. Housing unit | 7. Extractor filter | |
| 4. Lid | 8. Juice cup | |

Assembling for Juicing Vegetables and Fruit

1. Make sure the switch is in OFF position, and the juice extractor is unplugged.
2. Position the pulp collector on the motor base.
3. Insert extractor filter, gently holding by the edges. **Do not touch sharp edges.**
4. Place the lid on the pulp collector, then latch the locking clips **securely** on either side of the lid and pulp collector.
5. Plug the juice extractor into a 120V AC electrical outlet.

Disassembling Your VITAMIN BAR™

1. Make sure the switch is in OFF position, and the juice extractor is unplugged from the wall outlet.
2. Reverse the order of the assembly procedures.

How to Juice Vegetables and Fruit

1. Always choose fresh fruit and vegetables. (Those which have been stored will have dried out.) We recommend using organically grown produce.

Prepare the food:

- Trim away any brown spots.
 - Wash all fruit and vegetables well to remove pesticides, dust, etc.
 - Scrub carrots with a brush to remove all dirt.
 - Remove skin from thick-skinned fruit such as rock-melon and pineapple.
 - Remove seeds from stone fruit such as cherries, peaches etc.
 - Fruit with small seeds, such as apples, need not be cored.
 - Cut fruit into pieces which fit comfortably into the feed tube. Do not cut smaller than necessary.
 - Leafy vegetables and herbs should be rolled tightly.
2. Position the juice cup under the spout.
 3. Turn the motor ON by turning the switch to the on-position.
DO NOT operate without properly assembled cover.
 4. Feed the vegetables and fruit into the feed tube. Use the pusher to guide the food down, gentle pressure only. Exerting excess pressure will cause less juice to be extracted from the food and larger pieces of food to remain unprocessed.

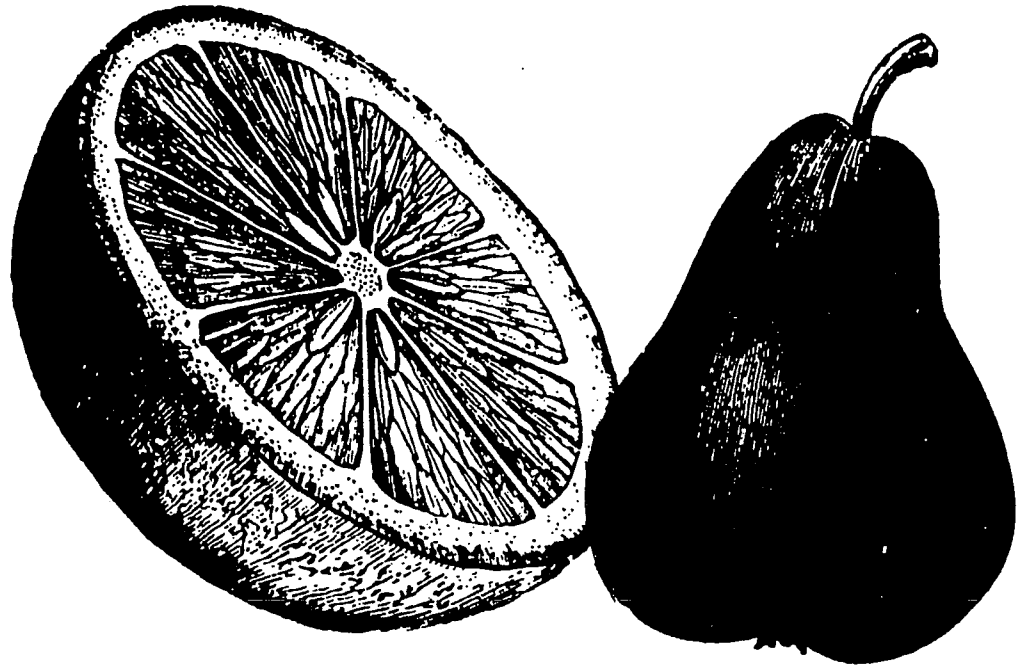
How to Juice Vegetables and Fruits *(continued)*

5. Juice will flow into the cup and pulp will eject into the pulp collector. The clear cover allows you to see when the pulp collector is full. If it fills before juicing is complete, interrupt the process to empty it. Turn the motor off, turn power off and remove plug. Disassemble unit, empty pulp. Then reassemble.

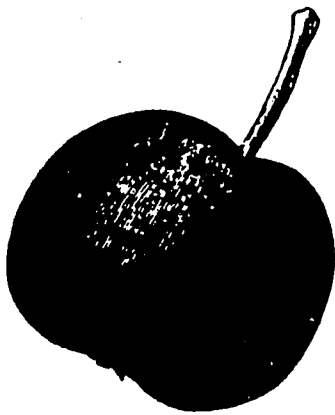
User Maintenance Instructions

1. Before cleaning, unplug the appliance from outlet and then totally disassemble.
2. Wash all removable parts in warm, soapy water, rinse and dry — pulp container is top-rack dishwasher safe.
3. Discoloration of the plastic may be caused by some vegetables, such as carrots. Reduce this by washing immediately after use. To remove any discoloration, use a small amount of a non-abrasive cream cleanser on a cloth and rub gently, then rinse well and dry.
4. Do not use steel wool, scouring pads or abrasive cleaners.
5. The motor base may be wiped with a damp cloth.
6. The motor base must never be immersed in water or any other liquid.
7. THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY.
8. No user serviceable parts inside; see additional instructions in "Service and Repair" section.

salton® Vitamin Bar™



Juicing Suggestions



Introduction

The Salton® VITAMIN BAR™ Fruit & Vegetable Juice Extractor is the essential tool for today's health needs — extracting the essence of both fresh fruit and vegetables easily and efficiently.

The recipes on the following page will get you started.

For Best Results

Add a few teaspoons of lemon juice to retain fresh color in juices that are light in color (peach, apricot, nectarine, mango).

We also highly recommend using *organic* produce whenever available.



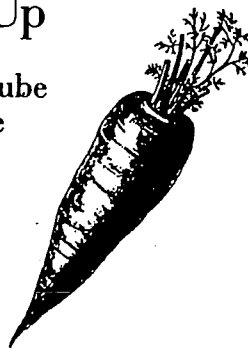
Morning Eye Opener

- 1/4 pineapple, peeled, cored and cut to fit feed tube
- 1 grapefruit, cut in half

Extract juice from pineapple, using the feed tube and food pusher. Peel the skin off the grapefruit and extract the juice. Stir the juice together and pour over ice. Makes 1 serving, 7 oz.

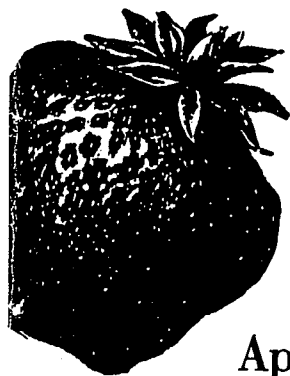
Afternoon Pick-Me-Up

- 2 tomatoes, cut to fit feed tube
- 1 carrot, cut to fit feed tube
- 1/4 red bell pepper
- 2 green onions, cut crosswise into 1" pieces
- 3 cabbage leaves, rolled into the cylinder
- Few sprigs of parsley



Extract juice from all ingredients alternately and continuously. Stir. Season with seasoning salt and pour over ice, if desired. Makes 1 serving, 8 ounces

Apple Strawberry Drink



- 1 pint strawberries, hulls removed
- 1 apple, cut to fit feed tube

Extract juice from fruit, stir. Makes 1 serving, 8 ounces

Apricot Elixir

- 5 apricots
- 1/4 pint blueberries (Half of one 1/2 pint box)

Extract juice, combine and serve. You can make this drink into a spritzer by adding some seltzer or sparkling mineral water. Makes 1 serving, 6 ounces

Anytime Cleansing Combo

- 2 apples, cut to fit feed tube
- 1 Bosch pear, cut pear down center

Using stem and seeds, extract juice from fruit and stir. Makes 2 servings, each 7 1/2 ounces

Apple Lemon Ginger Cleansing Combo

- 1 pippin apple
- 1 one-inch knob ginger
- 1/2 lemon

Extract juice, combine and serve. Makes 1 serving

Carrot Coconut Drink

- 10 carrots
- 1/4 cup coconut milk

Extract juice from carrots. Combine with coconut milk and stir. Serve well chilled. Makes 2 servings, each 6 ounces

Amazing Cocktail

- 3 carrots
- 2 apples, cut to fit feed tube
- 1 beet
- 2oz. sliced cucumber

Extract juice from all ingredients alternately and continuously. Stir. Serve well chilled. Makes 2 servings, each 6 ounces

Uses Of Pulp:

Juicing is a wholistic food process. With the Salton® Vitamin Bar™, nothing is wasted. The pulp may be used for flavoring in soups, casseroles, bread bases, cakes and salads. You can also use the pulp as compost for gardens, shrubbery, plants and flowers.

LIMITED WARRANTY

Products distributed by Salton/MAXIM Housewares, Inc. are warranted for one year from date of purchase against defects in workmanship and material. During that period these defects will be repaired or the product will be replaced at Salton/MAXIM's option, without charge. This warranty covers normal consumer usage and does not cover damage which occurs in shipment or failure which results from alteration, accident, misuse, abuse, neglect, installation, commercial use or improper maintenance. This warranty is effective only if the product is purchased and operated in the USA, and does not extend to any units which have been used in violation of written instructions furnished by Salton/MAXIM Housewares, Inc., or to units which have been altered or modified without authorization of Salton/MAXIM Housewares, Inc., or to damage to products or parts thereof which have had the serial number removed, altered, defaced or rendered illegible. This warranty does not cover damage which results from unauthorized repairs.

Service and Repair

DO NOT attempt to repair your SALTON JC-6 VITAMIN BAR™. Attempts to repair this appliance yourself may render it dangerous to use. Should the appliance malfunction, you should first call toll free 1-800-233-9054 between the hours of 9:00 am and 5:00 pm Central Standard Time and ask for CONSUMER CUSTOMER SERVICE stating that you are a consumer with a problem. If the problem cannot be resolved, you will be asked to return the appliance to the factory for repair. Under no circumstances should you attempt to open the housing and repair the appliance. Should you do this, your warranty will be voided.

To Return for Service

1. Securely package and return the product, PREPAID to:
Salton/MAXIM Housewares, Inc., Repair Department
550 Business Center Drive, Mt. Prospect, IL 60056
2. Be sure to enclose:
 - a. Your name, address and phone number.
 - b. The date of purchase (or receipt as a gift).
 - c. An explanation of the malfunction or reason for return.
 - d. Eight dollars (\$8.00) Check or Money Order payable to Salton/MAXIM Housewares, Inc. for return postage and handling.
 - e. To insure prompt "In-Warranty" service, be sure to include proof of date of purchase.

We recommend you take the necessary precaution of insuring the parcel.

3. **Toll Free** Number: 1-800-233-9054.



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