OWNER'S MANUAL Model No. FX5

Nutritionst.



Flax Seed Grinder



INNOVATIVE PRODUCTS FOR A HEALTHY TODAY AND TOMORROW

Important Safeguards

When using electrical appliances, basic safety precautions should always be followed, including the following:

- **1.** Read all instructions carefully.
- 2. To protect against electrical shock, do not immerse the appliance in water or any other liquid.
- **3.** Close supervision is necessary when any appliance is used by or near children.
- **4.** Unplug from electrical outlet when not in use, before putting on or taking off parts, and before cleaning.
- **5.** Avoid contacting moving parts.
- **6.** Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Return appliance to the Salton, Inc. Service Center for examination, repair, electrical or mechanical adjustment.
- **7.** The use of attachments not recommended or sold by the manufacturer may cause fire, electric shock or injury.
- 8. Do not use outdoors.
- **9.** Do not let cord hang over edge of table or counter, or touch hot surfaces.
- **10.** Check Flax Seed Chamber for presence of foreign objects before using.
- **11.** Do not use appliance for other than intended use.

Save These Instructions THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY

Additional Important Safeguards

- If this appliance falls or accidentally becomes immersed in water, unplug it immediately. Do not reach into the water! Do not use this appliance after it is fallen into or becomes immersed in water.
- 2. To reduce the risk of injury to persons or property, never use this appliance in an unstable position. Make sure that the Lid, Removable Storage Chamber, and the Grinding Wheel are **securely** assembled into the appliance before use.
- **3.** This appliance should be plugged into a 120V AC electrical outlet only.
- **4.** Always check the Flax Seed Chamber for the presence of foreign objects before using.
- **5.** Only flax seeds should be placed into the Flax Seed Chamber.
- 6. WARNING! To avoid serious injury, never place fingers or objects through the Receptacle at the bottom of the Flax Seed Chamber or through the Spout through which ground flax seeds are emptied into the Storage Chamber.

Polarized Plug

This appliance has a **polarized plug** (one blade is wider than the other). As a safety feature, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

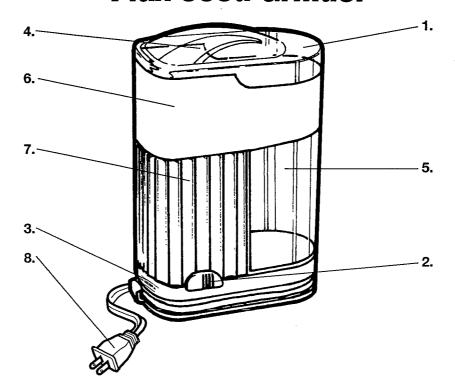
Short Cord Instructions

A short power-supply cord is provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord.

Longer extension cords are available and may be used if care is exercised in their use.

If an extension cord is used, (1) the marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance, and (2) the longer cord should be arranged so that it will not drape over the counter top or table top where it can be pulled on by children or tripped over unintentionally.

Getting to Know Your Flax Seed Grinder



- 1.Lid (30338)
- 2. On/Off Switch
- 3. Fineness Selector
- **4.** Flax Seed Chamber

- **5.** Removable Flax Seed (30340) Storage Chamber with Lid (30343)
- 6. Grinding Wheel (30341)
- 7. Housing Unit
- 8. Polarized Plug

Before Using For The First Time

Before using your **Nutritionist**® Flax Seed Grinder for the first time, make sure it is unplugged. Then wipe the Storage Chamber, the Lid and the Flax Seed Chamber with a damp cloth. Allow to dry completely before using.

CAUTION: THE LID AND STORAGE CHAMBER ARE NOT DISHWASHER SAFE!

WARNING! TO AVOID ELECTRIC SHOCK, NEVER IMMERSE THIS APPLIANCE IN WATER OR IN ANY OTHER LIQUID.

Fine Adjustment

The desired degree of grinding — coarse, medium, fine — can be altered by adjusting the Rotary Switch on the side of the Flax Seed Grinder.



Instructions For Use

- 1. Remove the Lid, make sure the Flax Seed Storage Chamber is empty and clean.
- 2. Put the flax seeds into the Flax Seed Chamber on top of the unit and replace the Lid. The Chamber will hold 4 oz. of flax seed.
- 3. Plug the cord into a 120V AC electrical outlet.
- **4.** Place the Storage Chamber with the Lid in position into the unit and make sure it snaps in securely.
- **5.** Set the Fineness Selector Switch for the desired fineness/coarseness.
- 6. Press the ON/OFF Switch to start the Grinder.
- 7. The Grinder will grind the desired amount of flax seed and will then switch OFF when the ON/OFF Switch is released.

NOTE: The unit should not be used for more than one minute at a time. This is unnecessary and may damage the Motor.

- 8. Unplug the Grinder.
- 9. Remove the Storage Chamber.

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User Maintenance Instructions

- **1.** Before cleaning, unplug the appliance from the electrical outlet.
- 2. Wash the Lid and the Storage Chamber in warm, soapy water. Rinse and dry.

CAUTION: THE LID AND STORAGE CHAMBER ARE NOT DISHWASHER SAFE.

WARNING! TO AVOID ELECTRIC SHOCK, NEVER IMMERSE THIS APPLIANCE IN WATER OR IN ANY OTHER LIQUID.

3. Remove the plug from the outlet. Unlock the Grinding Wheel by turning the Wheel in the direction of the arrow. Remove carefully. Clean the Flax Seed Chamber with a brush to remove any residual seeds. Make sure to lock the Grinding Wheel again before using the Flax Seed Grinder next time.



- 4. The Motor Base may be wiped with a damp cloth.
- **5.** There are no user serviceable parts inside the Flax Seed Grinder. Never attempt to repair the Grinder yourself. Contact our consumer service department for more information regarding problems with the unit.

ONE-YEAR LIMITED WARRANTY

This Salton, Inc. product warranty extends to the original consumer purchaser of the product.

Warranty Duration: This product is warranted to the original consumer purchaser for a period of one (1) year from the original purchase date.

Warranty Coverage: This product is warranted against defective materials or workmanship. This warranty is void if the product has been damaged by accident, in shipment, unreasonable use, misuse, neglect, improper service, commercial use, repairs by unauthorized personnel or other causes not arising out of defects in materials or workmanship. This warranty is effective only if the product is purchased and operated in the USA, and does not extend to any units which have been used in violation of written instructions furnished by Salton, Inc., or to units which have been altered or modified or to damage to products or parts thereof which have had the serial number removed, altered, defaced or rendered illegible.

Warranty Disclaimers: This warranty is in lieu of all warranties expressed or implied and no representative or person is authorized to assume for Salton, Inc. any other liability in connection with the sale of our products. There shall be no claims for defects or failure of performance or product failure under any theory of tort, contract or commercial law including, but not limited to, negligence, gross negligence, strict liability, breach of warranty and breach of contract.

Warranty Performance: During the above one-year warranty period, a product with a defect will be either repaired or replaced with a reconditioned comparable model (at Salton, Inc.'s option) when the product is returned to the Salton, Inc. facility. The repaired or replacement product will be in warranty for the balance of the one-year warranty period and an additional one-month period. No charge will be made for such repair or replacement.

Service and Repair

Should the appliance malfunction, you should first call toll-free 1-800-233-9054 between the hours of 8:00 am and 5:00 pm Central Standard Time and ask for *CONSUMER SERVICE* stating that you are a consumer with a problem. Please refer to Model FX5 when you call.

In-Warranty Service (USA) for an appliance covered under the warranty period, no charge is made for service or postage.

In-Warranty Service (Canada) for an appliance covered under the warranty period, no charge is made for service or postage. Please return the product insured, packaged with sufficient protection, and postage and insurance prepaid to the address listed below. Customs duty/brokerage fee, if any, must be paid by the consumer.

Out-of-Warranty Service: A flat rate charge by model is made for out-of-warranty service. Include \$6.00 (U.S.) for return shipping and handling.

Salton, Inc. cannot assume responsibility for loss or damage during incoming shipment. For your protection, carefully package the product for shipment and insure it with the carrier. Be sure to enclose the following items with your appliance: any accessories related to your problem; your full return address and daytime phone number; a note describing the problem you experienced; a copy of your sales receipt or other proof of purchase to determine warranty status. C.O.D. shipments cannot be accepted.

Return the appliance to:

ATTN: Repair Department, Salton, Inc. 550 Business Center Drive, Mt. Prospect, Illinois 60056

For more information on Salton, Inc. products, visit our website:

http://www.salton-maxim.com, or you can email us at: salton@saltonusa.com

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